

Conditions and medication responses

Conditions:

Abdominal aneurysm
Alzheimer's disease
Atrial fibrillation
Brain aneurysm
Breast cancer
Celiac disease
Colon cancer
Crohn's disease
Deep vein thrombosis
Diabetes, type 2
Glaucoma
Graves' disease
Heart attack
Hemochromatosis
Lactose intolerance
Lung cancer
Lupus
Macular degeneration
Melanoma
Multiple sclerosis
Obesity
Osteoarthritis
Prostate cancer
Psoriasis
Restless legs syndrome
Rheumatoid arthritis
Sarcoidosis
Stomach cancer, diffuse

Medications:

Abacavir
Beta blockers
Carbamazepine
Clopidogrel
Floxacin
Fluorouracil
Irinotecan
Simvastatin
Statins
Succinylcholine
Thiopurines
Warfarin



Navigenics®

You.

Where health begins.



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 Navigenics®

A uniquely personalized health program powered by your DNA

Insights into your genes, combined with your health, family history and lifestyle, can help you and your physician create a truly personalized program for prevention.

Navigenics gives you a view into your DNA, revealing your genetic predisposition for important health conditions and medication sensitivities.

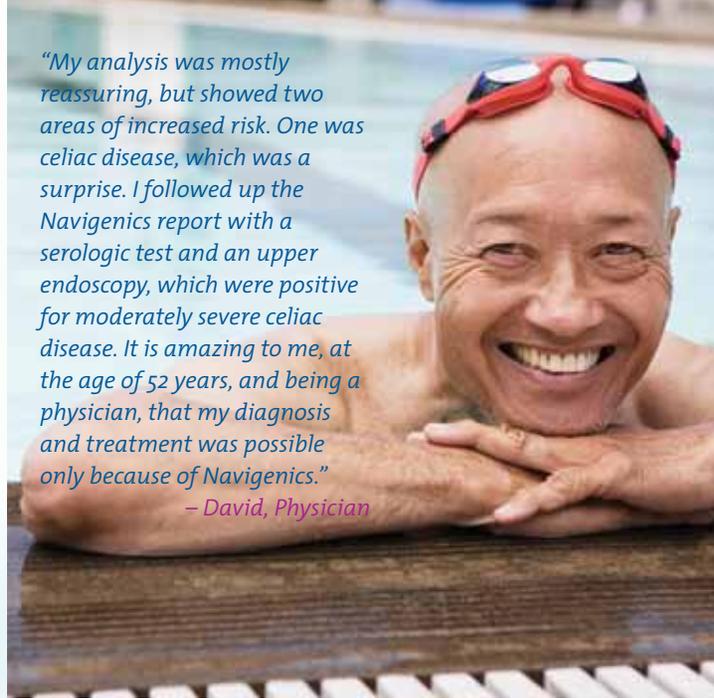
Better health lies in preventing conditions before they develop— which is why understanding your genetic risks is so important. Navigenics selects only health conditions for which genetic insights can guide you to an informed plan of action. This valuable information allows you to take action with focused lifestyle changes, early screenings, increased awareness, or even custom treatments— all tailored to you.

Take control of your health

Now you can plan for a healthier future using your own DNA as a guide. The Navigenics program gives you a more complete picture of your health by combining your personal genetic information with your lifestyle, health and family history. By better understanding your genetic predispositions you and your physician can create a truly personalized wellness plan focused on prevention.

It's time to take control of your health— what your genes tell you today can help you have a healthier tomorrow.

*Talk to your doctor
about how to
get started today.*



“My analysis was mostly reassuring, but showed two areas of increased risk. One was celiac disease, which was a surprise. I followed up the Navigenics report with a serologic test and an upper endoscopy, which were positive for moderately severe celiac disease. It is amazing to me, at the age of 52 years, and being a physician, that my diagnosis and treatment was possible only because of Navigenics.”

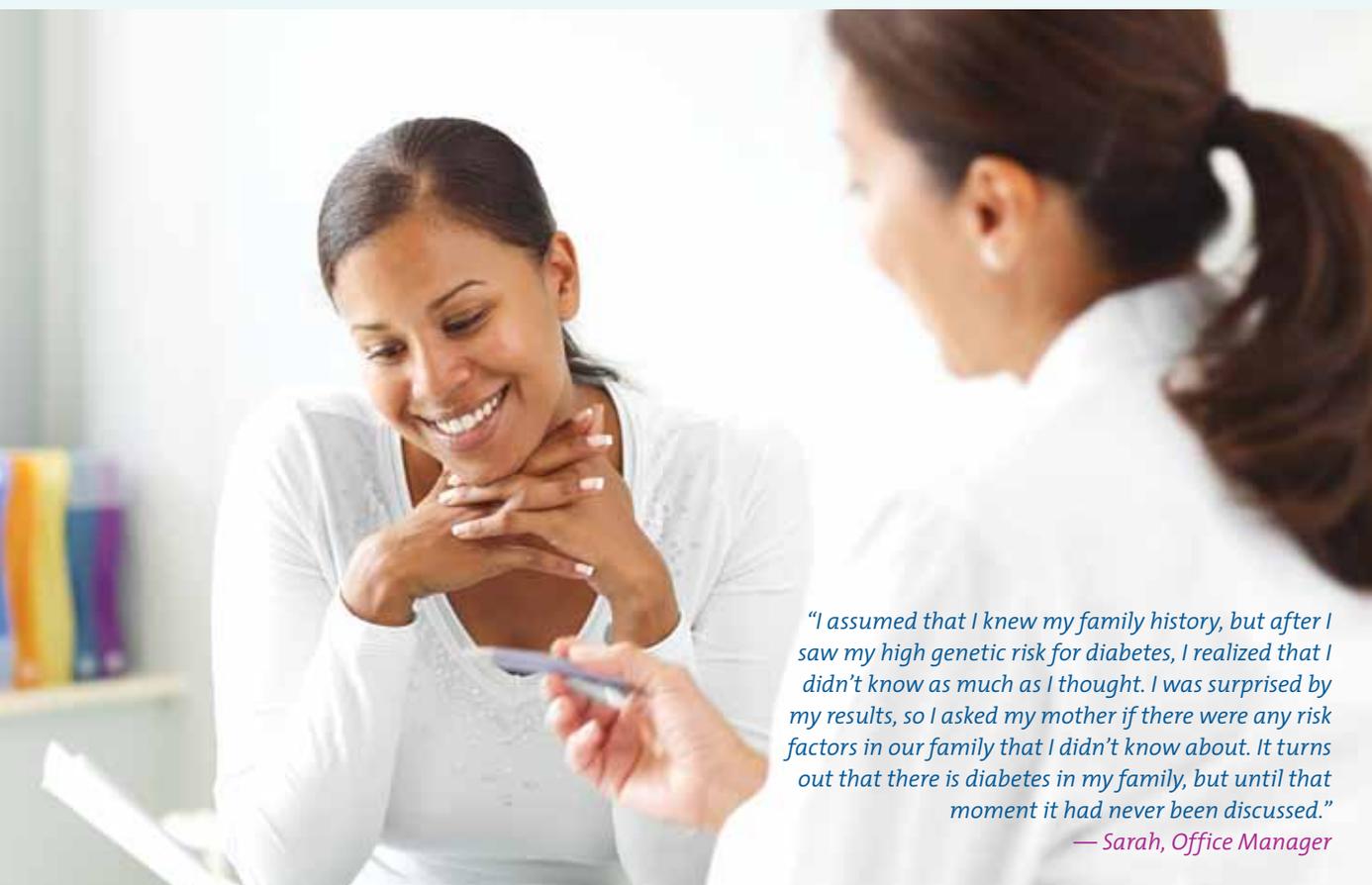
— David, Physician

The Navigenics program

- Truly personalizes your health profile using an analysis of your genetic predisposition for conditions you can do something about.
- Offers personalized information on which medications may work best for you, according to your genetics.
- Includes unlimited one-on-one support from health experts— board certified Genetic Counselors.
- Provides a secure, confidential online portal with your genetic data integrated with health information to create a personalized action plan.
- Provides ongoing updates relevant to your personal health priorities, as well as genetic updates with new health conditions, medication sensitivities, and genetic markers as new discoveries are made.

Privacy is a priority

Navigenics does not share your information with any other third party. We follow strong policies on security, and we support laws that protect your privacy and genetic information. Federal law protects you as well. Passed in 2008, the federal Genetic Information Nondiscrimination Act, or **GINA**, lets you discover your genetic information without putting your job or health insurance at risk.



“I assumed that I knew my family history, but after I saw my high genetic risk for diabetes, I realized that I didn't know as much as I thought. I was surprised by my results, so I asked my mother if there were any risk factors in our family that I didn't know about. It turns out that there is diabetes in my family, but until that moment it had never been discussed.”

— Sarah, Office Manager